

Fog Mountain Café Reviews



Sacramento Bee – 1/2/09 – Counter Culture: These 10 were tops in 2008

#3 Fog Mountain Cafe: "The café serves creative sandwiches on excellent bread from Bella Bru. Chef Eric Harnish's concocts two to four kinds of soup a day, but be quick – they and the crab cakes invariably sell out."

Sacramento Bee – 1-24-08 – SWEEET!

"Fog Mountain was a popular candy and lunch spot on Q Street.....it's coming back.....at the corner of 10th and I Streets...this has city employees salivating in anticipation...the new place will have a broader menu, beer and wine and an outdoor cafe."

Sacramento Bee – 11-3-06 – Written in review of Soups in the City

"We'd had a jones for outstanding soup since the Fog Mountain Candy Co. closed its doors last year. Its plans to relocate in midtown didn't work out. During its glory days, Eric Harnish and Daniel Branham made great sandwiches and from-scratch soups (scallop chowder, shrimp bisque, asparagus with braised leeks) based on from-scratch stocks (beef, lamb, veal, duck, chicken, lobster, shrimp and vegetable). Eric, your army of regular customers keeps calling, wanting to know: Where are you?"

Sacramento Bee – Appeared Weekly

"It's not every day you find stellar sandwiches and soups inside a candy shop.....but Fog Mountain (Cafe) has a reputation for crafting the most sophisticated sandwiches and soups in town...."

Sacramento Bee – 3/15/05 – Ticket – Life is Just a Bowl of Soup

".....Fog Mountain makes the best soups we found, from recipes stored in his (Eric Harnish) head."

Sacramento Bee – 1/24/05 – Best 'Wiches

"Before we get to the menu, let's say that it definitely makes a difference when the guy (Chef Eric Harnish) behind the counter has worked in professional kitchens....he brings a level of professionalism and expertise to the job that translates into.....well, great sandwiches and soups."

Sacramento Bee – 2/2/04 – Comfort Food

"The GCS (grilled cheese sandwich) is a class act.....it's gooey, rich and satisfying. We added a cup of soup after sampling it...the from-scratch creations begin with housemade stock.....the result is real soup served real hot."

Sacramento News and Review – Appeared Weekly

"Outstanding sandwiches and salads-plus candy-make the trip worthwhile...."

Sacramento News and Review – 3/11/04 – Soup's On

"High brow cuisine in the form of soups and sandwiches is not something you can find anywhere."
"As impressive as the soups and sandwiches were, we deemed the soups worthy of a dogmatic militant regime's control, to be rationed only to the enlightened." "Food like this deserves to play on a larger scale."

Sacramento Magazine 2003

Editor's Choice for "Best Sandwiches in a Sweet Atmosphere"

Channel 10 Noon Show with Steve LaRosa, Food Critic – 2002

"Right now, I'll go out on a limb, the best sandwiches in Sacramento."

