

## GO GREEN SALAD OPTIONS

### FOG MOUNTAIN HOUSE SALAD

Mixed lettuces, tomatoes, cucumbers, carrots, red onion  
and house vinaigrette.....\$4.95

*Add fresh ahi tuna salad...\$2.25*

*Add chicken.....\$1.95*

### CLASSIC COBB SALAD

Turkey, bacon, crumbled bleu cheese, tomatoes, olives,  
chopped egg, crisp romaine hearts with bleu cheese  
dressing.....\$8.95

### HAIL CAESAR SALAD

Crisp hearts of romaine, buttery croutons, shaved parmesan  
with Caesar dressing.....\$6.95

*Add chicken.....\$1.95*

***AND ONE MORE THING.....***

***CHECK OUT OUR PASTA AND SALAD SPECIALS***

### ARE YA' THIRSTY?

Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb,  
Lemonade.....\$1.85

Iced Teas: Unsweetened Black Tea, Sweetened Black  
Tea, Raspberry Tea, Sweetened Green Tea.....\$1.85

Bottled Water.....\$1.75

***ASK ABOUT ORDERING FROM FOG  
MOUNTAIN CAFÉ FOR YOUR NEXT MEETING!!!***



# LUNCH MENU

Open Monday through Friday  
10:30 a.m. to 3:00 p.m.

1000 I Street  
Sacramento, CA 95814  
916.444.0144  
916.444.0124 fax  
[www.fogmountaincafe.com](http://www.fogmountaincafe.com)

*Eric Harnish, Chef/Owner    Ryan Barlow, Sous Chef*

## **SENSATIONAL SIGNATURE SOUPS**

*Prepared daily with the freshest ingredients*

Cup or Bowl - Priced Daily  
Side of ciabatta garlic/parmesan  
bread.....\$ .60

*\*Soup Requests Welcome\**

## **FOG MOUNTAIN SANDWICHES**

All sandwiches served on fresh baked bread from Bella Bru Bakery with the Chef's special side dish of the day

### **GROWN-UP GRILLED CHEESE**

Four (yes, four) types of cheese, garlic and fresh herbs on grilled ciabatta bread, with our special balsamic vinegar dipping oil.....\$6.95

### **NOT YOUR MOM'S MEATLOAF**

House-made moist meatloaf stuffed with jack cheese, sundried tomatoes and basil, topped with fresh marinara and served on sliced country white bread.....\$8.95

### **ROASTED PORTABELLA 'SHROOM SAN**

Spinach, zucchini, yellow squash, sundried tomatoes, eggplant, pesto and our house vinaigrette served on a ciabatta bun.....\$6.95

### **BLACK FOREST HAM, CHEESE 'N MORE**

Sauteed asparagus, melted swiss, jack and havarti cheeses, roasted bell peppers, and lemon thyme aioli on a toasted french roll.....\$8.95

### **ROAST BEEF, RED ONION AND HAVARTI CHEESE MELT**

Served on sliced country white bread with creamed horseradish sauce.....\$8.95

### **ROAST TURKEY "BACON-JACK-A-CADO"**

Jack Cheese, avocado, applewood smoked bacon and tarragon aioli on a sourdough roll.....\$8.95

### **NYC HOT PASTRAMI DELI SAN**

Piled high on a toasted ciabatta roll with Dijon mustard and melted swiss cheese.....\$7.95

### **THE "NOBLE" FRENCH DIP**

Slow roasted, juicy roast beef, sliced and served warm with melted jack cheese on toasted seeded baguette and au jus made with love.....\$8.95

### **ROAST CHICKEN BREAST AND APPLEWOOD SMOKED BACON**

Roasted bell peppers, baby spinach, melted swiss and pesto aioli on a sourdough roll.....\$8.95

### **THE FOG MOUNTAIN "B.L.T."**

Applewood smoked bacon, sliced tomato, crisp hearts of romaine and an herb medley mayonnaise on sliced country white bread.....\$6.95